

## **VOLUNTEER SIGN UP FORM**

Thank you for volunteering your time with Team In Training at the Vancouver Chilly Chase along the Seawall, Vancouver on **Sunday, January 25<sup>th</sup>, 2015.** 

## Please register by Thursday, January 22<sup>nd</sup> before 5pm.

**About TNT:** Team In Training is a comprehensive endurance-training program for runners and walkers to benefit The Leukemia & Lymphoma Society of Canada. The goal of Team In Training is to increase funding to support LLSC's mission while promoting fitness and healthy lifestyles.

Full Name:	Age (if under 19):
Address:	City:
Phone:	Postal Code:
T-shirt Size:	E-mail:
Volunteer Opportunities (please check one or more boxes)	
30 Course Marshals   12 Water Stations Attendants for 4 water stations   3 medals   4 timing tags   2 back up timer   2 food   2 bag check	
Lymphoma Society of Canada.	
X(Volunteer's signature or Parent/Guardian if under 19 yrs) (Date	ate) (Please print Parent/Guardian name)
Please fax this form back to 604.733.2848 or e-mail to atul.gadhia@lls.org Thank you!!!	

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