It is not easy to find volunteer work during this pandemic.   Try to find other ways to gain volunteer hours such as virtual volunteering.   Please check out the following sites:

**Volunteer Canada**

[**https://volunteer.ca/index.php?MenuItemID=419**](https://volunteer.ca/index.php?MenuItemID=419)

Individuals engaged in virtual volunteering can take on a variety of activities and projects from one-time to long term and everything in between. Some opportunities require specific expertise and screening, others don’t. Many opportunities are skills-based and can include pro bono projects. Here are some examples:  
  
•    social media strategy development   
•    technology assessments   
•    employee handbook development  
•    photography    
•    business or marketing plan creation  
•    project proposal writing    
•    financial analysis   
•    graphic design   
•    translation, editing or proofreading of documents  
•    social media posting and blogs  
•    project management plan for new program or service    
•    mentoring or tutoring  
•    telephone assurance for seniors

**Govolunteer.ca**

[**https://www.govolunteer.ca/centres/vancouver/social-media-content-creator**](https://www.govolunteer.ca/centres/vancouver/social-media-content-creator)