



BURNS BOG WALK

FREE guided tour for newcomers in Delta

Burns Bog has been developing for thousands of years. It is an unique and amazing ecosystem in Delta's own backyard. It is known as the lungs of the Lower Mainland because it capture CO2 ten times more effectively than forests. It plays an important role in cleaning our air and regulating our climate. Burns Bog is home to a huge variety of animals and plants, including many rare and endangered species. It is the only remaining one of this kind.

Saturday June 8, 10:30 am

Meet at Planet Ice parking lot
10388 Nordel Court, Delta

free refreshments & gifts



Free guided walk for newcomers in Delta.
After the walk, join us for refreshments free pedometers and other gifts

Presentation on how to improve your health and reduce your risk of chronic disease by Fraser Health Specialist

Walk is slow-paced, appropriate for all ages and wheelchair and stroller accessible

If you need **FREE TRANSPORTATION** call us on 604 594 3455 ext 128

To register contact Gurpreet Kaur
Welcoming Communities Event Coordinator
604 594 3455 ext 128
gurpreet.kaur@pics.bc.ca
PLEASE register by May 30th OR just DROP BY

